

## Admissions Checklist

The following will help you prepare for the treatment admission process, insure that it goes smoothly and that you have what you need for a comfortable and safe treatment stay.

Required at admission:

- ✓ **PLEASE ASK YOUR DRIVER TO WAIT UNTIL YOUR ADMISSION IS COMPLETE:** While we have worked hard to insure that our screening makes your admission highly likely, there is always a possibility that you may not be admitted for medical or other reasons not revealed during our screening. Please let your driver know that we will work hard to make their wait comfortable and brief.
- ✓ **ADMISSION TO OUR SHORT TERM INTENSIVE INPATIENT UNIT:** If you are continuing to experience withdrawal or other physical symptoms we may refer you for more urgent medical care or alternatively admit you to our medical unit to insure for your safety and comfort as you go through the withdrawal process.
- ✓ **BRING INSURANCE DOCUMENTATION (MEDICAID, PRIVATE INSURANCE CARD, HMO, PPO, ETC):** Even if it is anticipated that the insurance will not be paying for your treatment, you might require other medical care that may be covered by your insurance.
- ✓ **YOU ARE REQUIRED TO PRESENT A PHOTO ID (DRIVERS LICENSE, COUNTY ID, PASSPORT) IF YOUR TREATMENT IS BEING PAID FOR BY A PRIVATE OR PUBLIC PAYER. If publically funded,** you will also need proof of income (tax return/paystubs) and residency over the last 6 months. A social security card and birth certificate will be needed if there is a possibility that you will be referred to half-way house care after your inpatient treatment
- ✓ **WE WILL NEED THE NAMES AND CONTACT INFORMATION FOR OTHER CARE PROVIDERS AND PEOPLE YOU WOULD LIKE US TO BE IN CONTACT WITH:** parent(s), family physician/pediatrician/psychiatrist, attorney and other legal contacts, etc.
- ✓ **IF A PHYSICIAN HAS PRESCRIBED MEDICATIONS FOR YOU,** it is important that you continue that care. In order to avoid unnecessary additional cost, please bring a 30-day supply of each prescribed medication in its original container describing the medication and the reason it was prescribed for you.
- ✓ **ADOLESCENT GUARDIANS ARE REQUIRED TO PROVIDE:** The child's Social Security Number, copies of Immunization Records, and proof of school district enrolment. Adolescents not in the custody of their biological parents must have their legal guardian bring proof of guardianship.
- ✓ **WE ARE UNABLE TO ACCOMMODATE THE STORAGE OF LUGGAGE (SUITCASES, DUFFLE-BAGS, TOTES, ETC.)** Please pack your belongings in large clear plastic bags. If you bring luggage, you will be asked to transfer your belongings into clear plastic bags prior to your admission. Your driver will be asked to take luggage with them when they leave.

## WHAT TO BRING TO TREATMENT

- **Bring clothing to accommodate for 7-days:** we have laundry facilities and provide laundry soap.
- **Comfortable loose fitting JEANS** (Without holes) Khakis / Shorts (Below the knee – weather appropriate)
- **Two (2) pairs of shoes or sneakers**, and **one pair of shower shoes** (flip-flops)
- **Bring your own bath towels and wash cloths** - We supply sheets, pillowcases, blankets and pillows.
- **Bring your own personal care items:** toothbrush, toothpaste, mouthwash (Alcohol Free), deodorant (no aerosol cans), shampoo, lotion, bar soap, body wash, etc.
- **No more than \$20.00 in cash** for use in vending machines, social activity (Pizza Night)
- **If you smoke cigarettes you may bring your own, but your smoking will be limited** to specific times during the day. You may be more comfortable and advance your recovery if you address your nicotine addiction while you are with us. We will provide Nicotine Replacement Therapy and smoking cessation specific care as part of your treatment. **NO** eCigarettes or vapor devices.
- **Sunglasses and hats (Not Sports/Alcohol/Drug related) are permitted**, but may only be worn outdoors.
- **You are welcomed to bring your own religious text** (Bible, Koran, Torah, etc.)
- **Minimal Jewelry is permitted**, for example watch, wedding ring and earrings that do not hang below the ear.

## WHAT **NOT** TO BRING TO TREATMENT

- eCigarettes or any Vapor Device
- Sweatpants (unless used for sleepwear) or Jogging Suits
- No halter tops, cutoff shorts, or short shorts
- Clothing with alcohol, tobacco, drug or gang themes
- Reading materials with the exception of religious texts or recovery based materials subject to therapist approval
- Cell phones, Radios, TV's, Walkmans, CD players, or Lap Tops
- Aftershave, cologne or perfume, nail polish or nail polish remover
- Makeup
- Games, Cards, stuffed animals, food, snacks, drinks of any kind, candy, etc.
- Over the Counter Medications
- Black and mild cigars
- Nail clippers or haircutters, or Q-tips
- Body piercings (Tongue rings, lip, eye brow, eye lid, etc.)
- Matches, lighters
- Weapons (guns, knives), or items that could be used as weapons

If you have additional questions prior to your arrival please give Central Intake a call: (732) 946-3030 option 3. **We ask that you notify us at least 24 hours in advance if you need to reschedule your appointment.** Thank you for choosing **New Hope Foundation** and for taking the time to insure that your admission goes smoothly.

We look forward to seeing you, Your Admissions Team